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STORY PIPER ZUINO

BREWERY THROWDOWN GRAND FINAL

he Sasquatch Bar is the stage for the final instalment of the Brewery Throwdown fought between Breweries around Australia. Sasquatch Bar Venue Manager, Brodie Wilson said the event is built around the appreciation of beer, making this a community-based event.

"The theme for the grand final will be Australian and our patrons can expect a four-course meal with beers picked by both breweries to match the course," said Brodie.

"The crowd gets to vote each round for their favourite food and beer pairing, and thus the winner (and Brewery Throwdown champion!) is truly the people's champion."

The Brewery Throwdown Grand Final will be held at the Sasquatch Bar, Chermside on Saturday, 3 September from 12:30pm.

Tickets are \$90 and are available here: https://www.eventbrite.com.au/e/brewery-throwdown-grand-final-tickets-368055462797

KIDS PAINT AND DIP

aint and Sip's are all the rage at the moment. But what about the kiddos? The Aspley Hornets want to fulfil this experience for the little ones and are putting on a Kid's Paint and Dip this September. A professional host will lead the children through a painting while they enjoy a kids meal and drink from the Aspley Hornets' extensive menu.

Kids Paint and Dip will be held at the Aspley Hornets in Carseldine on Wednesday, September 21 from 10am

Tickets are \$50 and are available here: https://www.stickytickets.com.au/z1qp0/kids_paint__dip/buy-tickets

VEND MARKETPLACE DOGGO DAY

END Marketplace is putting on an event for our four-legged friends. For the last Doggo Day event of 2022 VEND has pulled out all the stops to ensure our furry friends can enjoy a day out. The markets will feature a range of pop-up dog themed stalls, a dog washing station and best-dressed dog competition.

Inside make sure to visit the dog themed stores and even pop by the Café for something to eat. For the humans accompanying their dogs in need of a sweet treat, you will not miss out! There will be an ice cream truck in the Marketplace for everyone to enjoy.

Doggo Day will take place at VEND Marketplace in Virginia on Saturday, September 17 from 8am-2pm.

Entry is free and more information about this event can be found here https://vendmarketplace.com.au/whats_on/doggo-day-4/

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UP CLOSE AND PERSONAL WITH MIRUSIA

STORY PIPER ZUINO

adio legend, Denis Walter named Mirusia "Australia's Songbird" and her new album and tour by the same name, SONGBIRD, promises to charm audiences with songs from country favourites to classical delights.

AUSTRALIA'S
SONGBIRD'S
TOUR is making a
stop at the KedronWavell on September
18 to present a show that
takes her audience through her
musical journey, from humble
beginnings at the Queensland
Conservatorium of Music to
international soprano sensation.

Mirusia said her Songbird Tour is
her most personal to date with
songs from all aspects of her life

"Working with André Rieu
I sang many of the World's
favourite contemporary
classics and even wrote some
of my own songs too."

and many stories in between.

"...there is a broad range of music spanning from Country to classical - there will be a song to suit every member of the family and I have many stories to tell in between the songs too," she said.

Audiences can expect a range of musical genres with songs including The Long and Winding Road, Amazing Grace, I Could Have Danced All Night and Jolene. "The audience are in for a treat because the music will be a complete mixed bag, and on stage with me are some of Brisbane's finest musicians," she said.

Mirusia was lucky enough to work with classical music legend André Rieu teaching her about international touring and everything to do with the music industry.

"In 2008 we released an album called "Waltzing Matilda" and it is the only time Andre has done a collaborative album. I am really proud of my association with Andre and the JSO," Mirusia said.

Mirusia has channelled her love for music and passion for supporting others and is now the International Ambassador for the Australian Children's Music Foundation.

During the concert, Mirusia will discuss her connection to the founder of the organisation, Don Spencer, and she will even perform one of his songs.

"I love to invest in the lives of other young, aspiring singers and musicians, inviting them to share the stage with me and giving them opportunities to experience and develop their own musical gifts.

"At the ACMF we support children in Australia who don't readily have access to a music education or musical instruments and the difference this foundation makes is astonishing," she said.

Mirusia looks forward to sharing her life in concert with the audience at Kedron-Wavell.

"My voice lends itself to slow, emotional ballads and I certainly love putting my heart and soul into everything that I sing."

For tickets visit https://kedron-wavell.com.au/event/12071/

Mirusia | Songbird Sunday 18 September, 3pm-5pm Kedron Wavell Services Club 21 Kittyhawk Dr, Chermside.

CHERMSIDE GUIDE





Anika Wells

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STORY NICK ALLFORD PHOTO JOHN PIRES PHOTOGRAPHY

hat if I told you we had Commonwealth Games silver medallists competing in our own backyard?

Furthermore, after winning silver in the Birmingham 2022 Games, one medallist is now battling it out in Chermside in the 2022 State Multi Disability Bowls Championships. This competition is where the best bowlers in Queensland and Northern New South Wales compete in their respective disability groups.

"It's amazing to watch the various disability groups doing battle. The spirit in which it's played is a credit to all the players and very inspirational to see how well they play. Friendships are rekindled and new life long ones are formed each year," said CEO of Bowls Queensland, Brett Wilkie.

There are four categories Bowlers can enter; physical impaired, vision impaired, hearing impaired and intellectually impaired.

"These include all abilities and ages," said Brett. "It's a very inclusive sport. All you need are a set of bowls and flat soled shoes and away you go!"

There aren't too many sports where grandchildren can play against their grandparents, or where disability bowlers can challenge able bodied players. Beginners are always welcome and to get started, they can borrow or hire equipment from their local clubs.

You can play socially or in Damien Delgado's and Cheryl Lindfield's case, at the Commonwealth Games, where both competitors won silver. Damien currently has his sights set on winning at the 2022 State Multi Disability Bowls Championships.

His bowls journey all started when a greenskeeper told him that there was a wheelchair that could go on the green so he thought, "Why not?" He credits his success to the support of his wife and kids and his local club.

The big question is, where does he keep his medal?

"So far I've had it with me everywhere I go, but I want to frame it and put it up somewhere and give it to my kids as a reminder," said Damien.

I'm sure he'll have plenty more silverware (or goldware) to add to his collection after he's finished competing in the Championship.

If your interested in learning more about the 2022 State Multi Disability Bowls Championships, or would like to start playing vourself, visit: www.bowlsqld.org



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STORY ALYSSA MACKAY PHOTO JOHN PIRES PHOTOGRAPHY

local priest is cooking up a feast at a special food van to support communities in need.

Micmanna Foods is serving delicious takeaway curries from the car park of All Saints' Anglican Church in Chermside each Friday and Saturday between 5pm and 7:30pm.

Parish priest, Father Daniel Jayaraj, said the food van had been a dream of his for many vears.

"I come from a country where there are many poor people and I have seen and experienced poverty here in Australia," Fr Daniel said. "I have dreamed of having a food van where I can help the needy through our free tea, coffee and toast each weekday morning and also where I can sell curries to raise funds to support the poor throughout the world."

Curries are available for \$10 or idly (rice cakes) with smaller curries for \$5. There are two different choices available each night, with options including Chennai-style mutton biryani, chicken biryani and South Indian curries. All food used in the van is sourced from local businesses.

"The community has been very supportive and,

because there is quite a large Indian community around Chermside, the people appreciate the authentic Indian curries," Fr Daniel said. "Having said that, there are quite a number of Australians and other ethnic groups who love our curries also. Over the past four months our sales have averaged around 80 meals each weekend."

Volunteers also open the van on weekdays between 8am and 10am to brighten people's

morning with free tea, coffee and toast.

"This ministry is really appreciated by some who come to our Op Shop and others, who sometimes are really just looking for someone to talk to," Fr Daniel said.

All money raised from Micmanna Foods goes to Anglican Aid Abroad, a nonprofit organisation providing aid across the world.

Fr Daniel said there were three ways the community could show their support.

"Come along any Friday or Saturday evening and enjoy our

curries," he said. "Tell family and friends about the curry van and encourage them to experience the wonderful spices. Financial support is greatly appreciated so that we can continue this ministry."

Follow Micmanna Foods on Facebook for updates.



Fr Daniel Jayaraj



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It's not just a Book Launch ... It's a SHOW!

STORY SALLY EBERHARDT

o celebrate the launch of her book 'Living and Loving with Autism', motivational speaker and author Julie Cross is putting on one of her fabulous shows!

The show is about 20 years of 'Living and Loving with Autism' and a celebration of 25 years sharing her sparkle with the world!

Julie said the book is for everyone—a book people asked for.

"When I first started sharing our journey on social media, I realised how much our story resonated. But it wasn't just with people who had autism in their family, it was also the broader community that wanted to learn and were inspired by Thomas and how he moved through the world.

"These stories may make you cry, then make you laugh. While I trust they will educate

and inform, most of all I hope they make you feel less alone. I hope you feel you have someone to celebrate your wins with, someone to commiserate your struggles with, and someone to laugh about the ridiculous with",

with, someone to keep it real Julie said.

Tickets are \$55 and include a signed book and a glass of sparkling - see juliecross.com.au/events for more information

Prepare to be entertained, empowered and energised!

It's the BOOK LAUNCH ... and a SHOW! Thursday 29 September, 6.30pm-8pm **Kedron-Wavell Services Club** 21 Kittyhawk Drive, Chermside.

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STORY JULIA LEWIS

adies, Spring is in the air so now is the perfect time to put yourself first and work on your mind, body and soul.

For many women, the thought of attending a traditional gym can seem daunting, which is why women in North Brisbane are loving the option

of an all-female gym.

Opening in 2018, Pickham Athletic Conditioning is a private studio offering women of all physical abilities a place to have the confidence to workout.

With over a decade of experience and expertise in the training and fitness industry, owner of Pickham Athletic Conditioning, Tara Pickham, saw the need for an all-female gym.

"I started PAC because I wanted to provide a clean, safe and female friendly environment for women of all ages and fitness levels," Tara said. "It is a private studio so it's perfect for women that feel self-conscious or intimidated going to a

stpauls.qld.edu.au

regular gym.

"I focus on building confidence and self-esteem through strength training programs. I focus on mind, muscle, fitness, connection, and I try to educate people on why all aspects of health are important and good physical health can help aid good mental health."

enrolments@stpauls.gld.edu.au

Tara offers one-on-one training and develops programs designed

to meet individual needs. "Every person is different, and the programs need to fulfill the needs of the client, not the trainer," Tara said. "This means anyone is capable of starting a new training program regardless of their physical condition and fitness levels."

Find Tara on Facebook @ **PickhamAthleticConditioning** Call: 0402 531 933 www.pickhamathleticconditioning.com.au



Trevor Benneworth

STORY ALYSSA MACKAY PHOTO JOHN PIRES

team of Australian Defence Force veterans will hit the road on motor scooters this month on a mission to raise money for Legacy Brisbane.

The Radschool Association, based at Chermside West, have organised the inaugural Scootaville event, which will see more than 40 people journey 2100 kilometres from Ipswich to Townsville in just over two weeks.

Scootaville organiser and Radschool Association secretary and treasurer, Trevor Benneworth, said participants would take turns travelling in pairs on 15 motor scooters.

"It's time to get a bunch of old defence people together and give them a good social outing," Trevor said. "A few people have got a few worries, so we all get together and have a yarn and a beer and it helps people. The other thing is to help Legacy. Legacy is close to a lot of our hearts and we will help them as much as we can."

Scootaville participants will travel through Kilcoy, Gayndah, Emerald, Barcaldine, Longreach, Winton, Hughenden and Charters Towers before reaching Townsville on 16 September. Trevor said the average age of the group was 66 years old.

"We've got a young girl who is still in the navy who is taking leave and a guy in Townsville who is 83 and he is going to fly down and do it," he said.

"We are talking with a couple of colleges and they are bringing students along who are making a TV production of it and that will highlight some of the small towns we go through, because they could do with a bit of a leg up as well."

The Kedron-Wavell RSL Sub Branch will provide a ute, chuck wagon and 12-seater bus.

"People all the way up the line have been so generous," Trevor said. "Woolworths and IGA are providing all our food. Every Council between here and Townsville is opening up their showgrounds for us and giving us their pavilions free of charge.

"We have to get the scooters from Townsville back to Brisbane and I approached NQ Freighters and they said because it's for Legacy they will do it for free."

Trevor said he hoped the fundraising initiative would become an annual event.

Legacy Brisbane supports the families of injured and fallen veterans. To donate go to radschool.org.au/donate/

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JAPANESE LANTERN POTTERY

Fourth-generation artist inspires the community with his unique designs

STORY JULIA LEWIS PHOTO BRUCE REDMAN

Ivin Alejo is a local multidisciplinary artist who is sharing his love of pottery through community classes.

Alvin teaches his students how to make stunning Japanese-inspired lanterns from clay. The lanterns, which are Alvin's original designs, are built in three separate pieces, allowing his students to refine the art of pottery.

Participants will have the opportunity to carve their name or an inspirational word on the side of the lantern, then a solar panel is attached, making it a truly unique piece of art.

"The lanterns have their speciality and uniqueness in many ways. Firstly, it comes in three pieces; the lid, the base and the body, for the reason that it is not too bulky to be fired in the kilns." Alvin said.

"Its small solar panel generates power during sunny hours and radiates light through the name carved in it at night."

While Alvin is an artist of many disciplines, pottery has been a passion of his since he was a teenager, however growing up in the Philippines, there weren't many opportunities for him to hone his craft.

"I had been enthusiastic about pottery since my high school years on how glazes are made, as there was no access to pottery facilities from that place at that time in my hometown in the Philippines," Alvin said. "So I just kept the interest until I found this pottery club at Old Petrie town in 2015."

"The very thing that inspires me is my will and passion to go on enjoying the craftsmanship of the olden days and apply them in these days in time." Alvin said.

As well as his pottery classes, Alvin makes jewellery, restores furniture, and has even built boats. In the 1980s, Alvin had a successful furniture-making business and across eight conservative summers, he restored his grandmother's house which was built during the Spanish regime in the Philippines. These life experiences help to make this artist a true asset to the Geebung community and its surrounds.

Japanese Lantern Pottery Workshop Bookings for Alvin's class can be made at: www.classbento.com. au; \$190 per student; All materials included.



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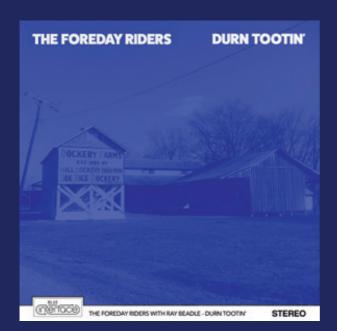


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RAY **BEADLE AND THE FOREDAY** RIDERS REUNITE

STORY PIPER ZUINO

lues fans are in for a treat as two Blues legends reunite to bring their live album launch tour to The Nundah Lounge for the Chermside area.

Member of the Foreday Riders, Ron King said the idea for this show was formed to promote the release of a new album - The Foreday Riders with Ray Beadle, Darn Tootin.

"Audiences familiar with the Blues scene can expect to be exposed to a new vital sound created by Ray Beadle playing with the Riders a range of new numbers not performed by the combination."

"In other words, all new material, which has been an exercise for the musicians and should be appreciated by the audience," he said.

Audiences will be treated to Ray Beadle on the guitar and performing vocals, Ron King on the harmonica and vocals, Jeff King on the guitar and dobro, Stan 'Sleepy' Mobbs on bass and Rosscoe 'Stinger' Clark on drums.

"Fan favourite songs performed on the night will include some older material such as Ain't Doing Too Bad, Body & Fender Man, The Lights Are On and Lonesome."

Ray Beadle's music is a combination of his love for Blues and his rich experience of 20 years of performing both nationally and internationally.

The Foreday Riders are not usually a touring band, so they are really looking forward to joining up with Ray Beadle to do these shows in Queensland," Ron King said.

This is an 18+ only event. To book tickets visit: tickets. avclive.com.au/outlet/event/27098623-9ae0-4c40-9538-9b8006f2b04c?utm_source=australian_venue_co&utm_ medium=Website

Ray Beadles and the Foreday Riders Saturday 3 September, 8pm The Lounge (Nundah) 1259 Sandgate Rd, Nundah.



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STORY NICK ALLFORD PHOTO BRUCE REDMAN

ur very own Northside Wizards are hosting the U12 State Championships, so why is basketball so popular, what are the championships all about and what does it take to 'make state'?

The U12 state championships brings together all Junior Representative teams from across the State into the one tournament.

"It's a great opportunity to see what the next generation of Australian Basketball Stars are made of as they take the first steps on their representative pathway." said Junior Development Officer Brent Wood.

And according to Brent, it would seem that the 2022 Under 12s State Championships are bigger than ever.

"There are currently 54 boys teams and 44 girls teams. There will be close to 1000 juniors participating over the week."

The tournament has grown so much in popularity that Northside Wizards are holding the championships over 15 courts at three different venues. The Northside Indoor Sports Centre at Zillmere, Southpine Sports Centre at Brendale and The Brisbane Entertainment Centre.

With such a major event being held over Multiple venues, planning is everything, many hours have been put in by The Wizard's staff. Organizing everything from referees and duty managers to

keep everything flowing on the day. However, Brent does have help.

"Luckily we have our amazing Wizards volunteers, people that are happy to give up their time to ensure the kids have a great experience."

Australia's recent success in the international arena with both our men's and women's team ranked number three in the world has given Australia a new credibility on the global basketball scene. Brent recognises how important this is for female players.

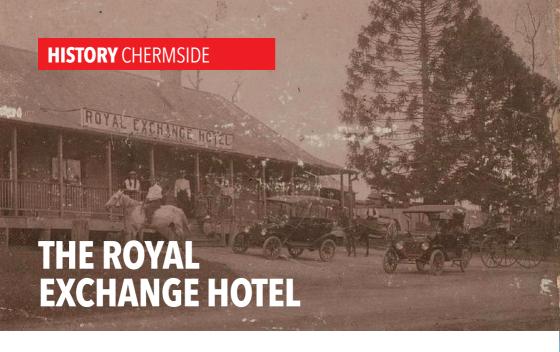
"The Northside Wizards has a record number of female players joining the NGBL (Northside Girls Basketball League). With multiple age groups and divisions, from social players to high level competitions," he said.

So how do you make state? Basketball Queensland have a clear performance pathway to making the Queensland team.

"Players are identified at tournaments like the state championships and introduced to the Queensland style of play, from there our players progress to the SPP (State Performance Program) where they can expand on their skill level to prepare them to be selected for the State Team." Says Brett.

If you'd like to find out more about the competition or sign up you or a member of your family visit www.northsidewizards.com





The history of Aspley's favourite drinking hole.

STORY JULIA LEWIS

he Royal Exchange Hotel first opened in 1875. William Wallin, the original owner and a major landowner in the area, opened the hotel after gold was discovered in nearby Gympie in 1867. The discovery of gold meant that Gympie Road became the main route out of Brisbane so Wallin decided to have both a hotel with bar facilities, and a general store that would accommodate the increase in traffic.

The original building was a low blocked building with a shingle roof and stood on the site that is on the southern side of the existing 'Aspley Hotel'. Farmers from nearby farms in Dayboro and Petrie would stay at the hotel as a midway stop while travelling by German Wagon to the farmers markets in Brisbane.

Meals were cooked and served from the detached main building. Overnight accommodation could be arranged at the hotel, and the general store, called 'Royal Exchange', stocked most household goods including milk, newspapers, flour and other pantry staples. At one stage, the store even sold sewing machines.

In 1897, the district of Little Cabbage Tree Creek became known as Aspley after residents in the community petitioned to have the name changed.

It was soon after this that the Royal Exchange Hotel became a central meeting place for the community and frequently held events that brought everyone together. Wallin was determined to have his establishment host the best and most community spirited celebrations. He would host card competitions where patrons could win a dressed duck, Christmas time would see patrons feast on bullock that had been roasted on a spit and New Year's celebrations consisted of dancing, bonfires and Chinese fireworks.

William Wallin died in 1919 and after the hotel was run by several publicans, the lease was taken over by Hannah Redmond, a widow from Brisbane, who eventually purchased the hotel in 1924.

The Royal Exchange Hotel was rebuilt in 1934 and kept its original name until 1958 when it was renamed, Aspley Hotel, which it is still known by today.

Photo credit: https://www.facebook.com/Lost.Brisbane/

The Royal Exchange Hotel, circa 1925





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STORY ALYSSA MACKAY

experience the best Nundah has to offer with a three-day community celebration.

After being postponed last year, the muchloved Nundah Festival, organised by Nundah Now Inc, is back this month for a full weekend of art, activities, food, fun and fireworks.

Nundah Now Inc president Sonny Pascoe said the festival was Nundah's biggest weekend of the year.

"The Nundah Festival weekend will celebrate everything we love about our local area - our amazing local businesses, our outdoor spaces, our creative artists and our local residents." Sonny said.

The family-friendly fun will kick off on Friday, 9 September with a screening of animated superhero comedy film, Megamind in Boyd Park.

"Bring your picnic blanket and enjoy the jumping castle from 4pm, with the sausage sizzle starting at 5pm," Sonny said. "A dazzling fireworks display will start at 6pm, with the movie starting shortly after.

On Saturday and Sunday, the Nundah Art Show will be open from 10am to 2pm. Artists from all over Brisbane will submit works in categories including portraiture, landscape, contemporary, sculpture/carvings and still life.

Annie Reid, who is coordinating the Art Show alongside Susie Mogridge, said people could expect to see over 60 exceptional entries.

"It is just so worth coming to see these great local artists and hopefully buy some of the art," Annie said.

"The judges this year are Phil Brown, the arts editor of The Courier Mail, and Ronelle Reid, a professional artist with an honours degree in fine arts from Griffith University."

The Art Show Soiree takes place on Saturday,

10 September, beginning at 6pm in the Nundah Mitsubishi-Isuzu-Suzuki showroom.

"At the soiree we announce the winners of the art prizes and the sponsors present their prize," Annie said. "We have food especially made by an exceptional chef and wine is also served."

This year the Grand Prize winner will take home \$3000, with a runner-up prize of \$2000, and \$1000 for third place. There are also first and second prizes in each category.

Entry to the soirée is \$10.

The Nundah Village Street Festival officially opens at 9am on Sunday, 11 September.

"This is your chance to celebrate everything we love about Nundah," Sonny said. "Enjoy free entry, live entertainment, food trucks, roving performers, live music and much more. We can't wait to celebrate with you again."

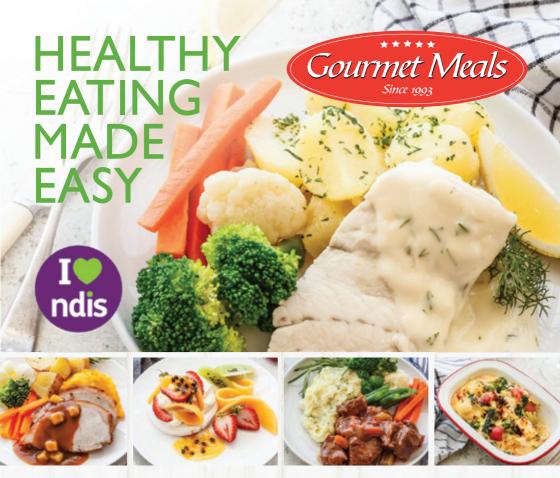
For the latest updates on the Nundah Festival, visit nundah.com and follow Instagram/nundahfestival

Megamind Movie and Fireworks Friday, 9 September, 4pm Boyd Park, Boyd Road, Nundah.

Nundah Art Show Saturday, 10 September - Sunday, 11 September, 10am-2pm Mitsubishi-Isuzu-Suzuki Showroom Eton Street, Nundah.

Nundah Art Show Soiree Saturday, 10 September, 6pm Mitsubishi-Isuzu-Suzuki Showroom Eton Street, Nundah.

Nundah Village Street Festival Sunday, 11 September, 9am-3pm Sandgate Road, Nundah.



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A WORD FROM OUR REPRESENTATIVES

CR FIONA HAMMOND

eptember is the first month of Spring, bright skies, cool nights under the stars, and a stirring of new plant and animal life.

The new electric BBQ instalment is progressing in the Rainbow Lorikeet Park, a hidden gem in our area and well utilised by the locals.

> I look forward to the fitness equipment which is planned for the park getting underway and creating a great area for all to keep fit and healthy in the fresh air.

Every parent, grandparent and carer knows the value of taking their kids to a great park for some free outdoor fun, that is why we've invested

\$3.3 million to revitalise Grinstead and Shand Street parks in Alderley and Stafford, with improvements including a new play tower, timber tepee, musical flowers, discovery trail and more.

Works continue in the rebuilding of the Kedron Brook bikeway as a priority, after sections were literally washed away during the devastating February floods. Residents can keep up to date with current and future works by going to Councils' website at Brisbane.qld.gov.au and searching 'Kedron Brook restoration'.

This is now the perfect weather for enjoying the outdoors!

If you have Council issues you would like to discuss with me, please don't hesitate to call my office on 3407 0707 or email marchant.ward@bcc.qld.gov.au

ANIKA WELLS MP

ot-for-profit community organisations can apply for up to \$5000 as part of the Australian Government's Volunteer Grants program 2022-23.

Grants of between \$1000 and \$5000 are available to eligible community organisations in the Lilley electorate to support the efforts of their

volunteers.

The grants can be used to buy small equipment for volunteers, or for the reimbursement of volunteer fuel, transport or training costs, or to purchase items that help promote awareness of volunteering

promote awareness of volunteers opportunities.

Expressions of Interest are open until 5pm on Friday 23 September 2022.

To be eligible, applicants must be a legal entity, an unincorporated association, a not-for-profit organisation, utilise volunteers (which make up at least 40 per cent of the organisation's staff), and have an ABN (or provide a Statement by Supplier Form).

A community consultation committee will develop a shortlist of recommendations to be submitted to the Department of Social Services for assessment.

Contact the Lilley electorate office for an Expression of Interest application form by emailing Anika.Wells.MP@aph.gov.au or by phoning 3266 8244.

CR TRACY DAVIS



t has been another busy month in McDowall Ward! It has been wonderful to receive positive feedback about our new stairs in both the Milne Hill Reserve and at Spider Hill in Chermside West; these upgrades will make bushwalks easier and safer for people of all ages.

Survey and investigation works are currently underway at the pedestrian bridge in Hawera Crescent Park, Aspley. This well-used connection in our network of footpaths and bikeways was damaged during the floods earlier this year, and we are working to determine what repair works

will be required to reopen the bridge - this is part of our ongoing effort to help Brisbane rebuild and recover.

Lord Mayor Adrian Schrinner has recently released a 51-point blueprint to ensure that our city is even better prepared for future flood events. This action plan focuses on key areas including infrastructure, transport, community economy, environment and drainage, land use planning, and organisation & finance.

Our family movie in the park in Keong Park, Stafford has also been rescheduled to Saturday 15 October. This will be a great night out for the whole family with a jumping castle, free popcorn & face-painting, and a sausage sizzle fundraiser for Stafford Heights State School P&C.

28 CHERMSIDE GUIDE

BART MELLISH MP

OVID-19 is still with us, and we continue to strongly encourage everyone to wear masks when you cannot socially distance

and stay home and test if you are unwell. I'm pleased to see recent announcements from our State **Government bolstering our** frontline healthcare workers and our response to the recent wave of COVID-19.

To protect the most vulnerable in our community, eligible concession card holders can now collect five free rapid antigen tests every month from certain Queensland Health facilities. The closest collection point for residents to collect their RATs is at the Chermside Community Health Centre on The Prince Charles Hospital campus. The free tests ensure that those most vulnerable to COVID-19 have access to testing during these

Our Government is also investing to deliver the next generation of healthcare workers. We have committed to hiring an additional 770 graduate nurses and midwives annually, building upon the more than 10.000 we have hired since 2015.

This increased intake supplements our recent commitment to a \$300 million expansion of The Prince Charles Hospital to deliver around 93 beds, which is part of our \$9.8 billion health budget to fund the largest hospital building program in Queensland history.





Chermside

ADMIN@3BMEDIA.COM.AU



Burnie Brae

Bringing the community together STORY JULIA LEWIS

pening in 1984, The Burnie Brae Centre has been a place where members can find support, connect with likeminded people, and create life-long friendships.

An initiative of the Rotary Club of Chermside, the organisation offers a diverse range of services including in-home support services, rehabilitation, respite care and exercise gym programs.

Community Services Manager, Aynsley Johnson, said passion and unity are at the heart of what they do.

"I feel passionate about creating an informed, supported and connected community and love working with Burnie Brae, as we strive to create this every day," Aynsley said.

"Our events and activities are centred around our members, clients and local community needs and empowering their lives, while creating a sense of connection and vibrant, caring spirit."

Burnie Brae pride themselves on holding events that foster friendship and enthusiasm in the community. These events include educational presentations about health, including dementia and aging, as well as financial and estate planning.

They share in special days like Mother's Day which often features inspirational speakers from the community and offer live entertainment and crafts.

"To create a connected community, we also offer a range of social, educational, health and recreational activity events," Aynsley said.

"Our services encompass three key areas: care services, allied health services and member

services. Through these service domains we provide clients and members with support in the home, respite care, exercise physiology, rehabilitation, exercise gym programs and clinical and relaxation massage."

Burnie Brae is hosting several exciting events throughout the months of September and October.

Burnie Brae Voices 4th Friday of each month, 5:30pm - 7:30pm \$10 per person

Come along to our brand-new activity, Burnie Brae Voices! Meet new people, sing along to your favourite songs and share a few drinks and nibbles. No experience is necessary!

R U Ok Day - Mental Health Presentation 7 September 2022, 10am - 11:30am Free event

As part of 'R U OK?' Day, we are hosting a free presentation with Michelle, the Principal Psychologist and owner of Ahead Psychology.

Dementia Presentation 28 September 2022, 10am - 11:30am Free event

Dementia Australia joins us to talk about dementia and being a carer for someone with dementia. Find out more about dementia - the common type, signs and symptoms. We will also discuss who is a carer, what constitutes a carer, and the services offered through the Carer Gateway and Dementia Australia.

Abstract Art Gold Leaf Workshop 15 October 2022, 2pm - 5pm \$65 per person -

includes wine, cheese platter and art supplies Learn how to paint your favourite canvas in a relaxed and fun environment. This class is perfect for beginners as you will be guided step by step, while allowing your creative ideas to flow. Come and meet new friends while expressing your inner artist!

Burnie Brae, 60 Kuran St Chermside

To find out more about these events visit www.burniebrae.org.au Call 07 3624 2110 Or find Burnie Brae on Facebook



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Dad Wisdown:

I know what I'm getting for Father's Day. Last night my daughter asked me what size aftershave I wear.

Happy Father's Day Sunday 4 September



3269 4273 I 14b Fifth Ave, Sandgate QLD 4017 I www.sandgatepodiatry.com

SCHOOL HOLIDAYS **SNAPSHOTS**



STORY ALYSSA MACKAY

IFLY LIKE A SUPERHERO

Indoor skydiving is taking off at Westfield Chermside. iFLY Brisbane's assistant general manager Tayia Merrett said iFLY was a great school holiday activity for all ages.

"There is really no other feeling quite like indoor skydiving," Tayia said. "The feeling of weightlessness combined with the adrenaline really has you believing you can accomplish and overcome anything.

"Our instructors are world-class and will be with you throughout your flying journey, giving you one-on-one instruction and support.

Children aged 6 to 16 years interested in learning the sport of indoor skydiving can also take part in iFLY Indoor Skydiving Flight School.

"We have an amazing JNR community that continues to grow," Tania said. "It is really inspiring to watch them progress and compete in State and National Championship competitions."

Early birds who book three weeks prior to the school holidays have the opportunity to save up to 20% on their iFLY experience. To book a flight go to www.iflyworld.com.au

iFLY Indoor Skydiving Brisbane Mon-Tue (2:30-11pm); Wed-Fri (10am-11pm); Sat (7:30am-10pm) Sun (7:30am-8pm) Westfield Chermside 395 Hamilton Road, Chermside.

GIRLS, GET READY TO PEDAL AT BIKE MAINTENANCE SESSIONS

Keep your bike rolling these school holidays by learning essential maintenance tips at a free workshop. The women-only session is presented as part of Brisbane City Council's Cycling Brisbane program at Downfall Creek Bushland Centre this month.

Participants aged 12 years and over will learn how to perform basic repairs and adjustments, like how to change a tyre.

The course is designed to reduce barriers to riding by providing an inclusive environment where women can gain confidence and feel comfortable asking questions. It is suitable for older children who are becoming more interested in learning about bikes and how they function.

Participants can attend with or without a bike. Bookings essential. To book go to www.eventbrite.com.au/e/learn-to-maintain-yourbike-for-free-basic-women-only-tickets-354974417037

Learn to maintain your bike for free - basic (women only)

Saturday, 24 September, 7:30-9:30am Downfall Creek Bushland Centre (meet beside the basketball half court)

815 Rode Road, Chermside West.

GET A KICK OUT OF MINI GOLF

If you're looking for some old-fashioned, hole-inone fun these school holidays, you'll be pleased to hear Mt Gravatt Mini Golf and FootGolf is only a short drive away.

Located inside the Mount Gravatt Showgrounds, the family-owned business is open seven days a week.

Two different 18-hole courses will give participants the chance to show off their putting skills. The garden course has been designed to look like a real golf green. The undercover course is a great excuse to 'par tee' with a disco and laser lights at night.

Once players have mastered their swing, they can also try the 9-hole foot golf course. Foot golf is just like mini golf but players kick a soccer ball into the holes instead.

No bookings are required for groups less than 10. For more information visit www.mtgravattminigolf.com.au

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TICKET TO PARADISE

Follows a divorced couple that teams up and travels to Bali to stop their daughter from making the same mistake they think they made 25 years ago.

Director: OI Parker

Main Cast: Julia Roberts, George Clooney,

Deborah Balderstone

Genre: Romance/Comedy Running Time: 2 hr

Release Date: 15 Sept 2022

Rating: CTC Language: English



PAWS OF FURY

A down-on-his-luck hound finds himself in a town full of cats who need a hero to defend them from a ruthless villain's evil plot to wipe their village off the map. With help from a reluctant trainer, the

underdog must assume the role of fearsome samurai and team up with the felines to save the day. The only problem is -- they all hate dogs.

Directors: Rob Minkoff, Mark Koetsier, Chris Bailey **Main Cast:** Samuel L. Jackson, Michael Cera,

Mel Brooks
Genre: Animated

Release Date: 15 Sept 2022

Rating: CTC

Running Time: 1 hr 37min Language: English



FALL

For best friends Becky and Hunter, life is all about conquering fears and pushing limits. However, after they climb 2,000 feet to the top of a remote.

abandoned radio tower, they find themselves stranded with no way down.

Director: Scott Mann

Main Cast: Virginer Gardner, Grace Fulton

Genre: Thriller

Running Time: 1hr 47min Release Date: 22 Sept 2022

Rating: CTC Language: English



...... 15th

...... 22nd

September Releases

Spider-Man: No Way Home

Bodies Bodies Bodies

The More Fun Stuff version1st

Orphan: First Kill1st

After Ever Happy8th

Beast8th

Paws Of Fury8th

Ticket to Paradise8th

Fall

SEPTEMBER What's On.

O1 THURSDAY

PAUL DESMOND

Geebung RSL 7:30pm

O2 FRIDAY

CHRIS STEVENSON @ BRAVO BREWHOUSE

Kedron-Wavell 6pm



DAVE GRAY

Geebung RSL 7pm

DJ LUKE IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

CAUGHT IN THE ACT LIVE @ THE LOUNGE

Kedron-Wavell 9pm

O3 SATURDAY

NUNDAH BLUES ROCK

The Royal Nundah 12pm - 11pm

BREWERYTHROWDOWN GRAND FINAL

Sasquatch Bar 12:30pm

SARAH ALICE @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

PETE CULLEN

Aspley Hornets 6:30pm

ECHO ECHO

Aspley Hornets 6:30pm

CRAIG SHAW

Geebung RSL 7pm

KLUSTERFUNK LIVE @ THE LOUNGE

Kedron-Wavell 8pm

RAY BEADLES AND THE FOREDAY RIDERS

The Lounge (Nundah) 8pm

DJ LUKE IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

O4 SUNDAY

GREG BERRIMAN @THE BRAVO BREWHOUSE

Kedron-Wavell 3pm

TERRY STEWART

Geebung RSL 5pm

O6 TUESDAY

SIMONE CUTTING

Geebung RSL 10:30am

07 WEDNESDAY

R II OK DAY

Burnie Brae 10am

O8 THURSDAY

ROB ROSELUND - EX WICKETY WAK

Geebung RSL 7:30pm

O9 FRIDAY

MEGAMIND MOVIE AND FIREWORKS

Boyd Park 4pm

AL GIBSON @ THE BRAVO BREWHOUSE

Kedron-Wavell 6pm

34 CHERMSIDE GUIDE SEPTEMBER 2022

DONNELLE BROOK

Aspley Hornets 6:30pm

ROB STEVENSON

Geebung RSL 7pm

DJ BITZA IN BRAVO BREWHOUSE

Kedron-Wavell 9pm



MUSIC DRIVETIME LIVE @ THE LOUNGE

Kedron-Wavell 9pm

10 SATURDAY

NUNDAH ART SHOW

Mitsubishi-Isuzu-Suzuki Showroom 10am

ME & JODIE LEE LIVE @ THE LOUNGE

Kedron-Wavell 6pm

JOSH NIXON @ THE BRAVO BREWHOUSE

Kedron-Wavell 6pm

NUNDAH ART SHOW SOIREE

Mitsubishi-Isuzu-Suzuki Showroom 6pm

REST OF THE BRITISH

Geebung RSL 6:30pm

DONNELLE BROOK

Aspley Hornets 6:30pm

ALLAN CAMERON

Geebung RSL 7pm

JAZZ AUSTRALIS

Kedron-Wavell 8:30pm - 10:30pm Don't miss Jazz Australis this September! Jazz Australis is the cool new breed of Australian Jazz. They are quickly carving a niche as a band that connects with the listening public through a unique blend of classic Australian rock songs and cool jazz. Jazz Australis will be performing at the Sky Lounge at Kedron Wavell Saturday the 10th of September from 8:30pm. Get your tickets now through kedron-wavell. com.au or call concierge on (07) 3359 9122

DJ BRAD IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

11 SUNDAY

NUNDAH VILLAGE STREET FESTIVAL

Sandgate Road 9am

NUNDAH ART SHOW

Mitsubishi-Isuzu-Suzuki Showroom 10am

ALLAN CAMERON @ BRAVO BREWHOUSE

Kedron-Wavell 3pm

Geebung RSL 5pm

14 WEDNESDAY

FORTUNATO "LET'S DANCE"

Geebung Bowls Club 6am

15 THURSDAY

MICHAEL GANT

Geebung RSL 7:30pm

16 FRIDAY

DARCY @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

BRETT WHITMORE

Aspley Hornets 6:30pm

MATT RI ACK

Geebung RSL 7pm

FLOORBURNERS LIVE @ THE LOUNGE

Kedron-Wavell 9pm

DJ BITZA IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

17 SATURDAY

VEND MARKETPLACE DOGGO DAY

VEND Marketplace 8am

CASEY WATT @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

FAT CHANCE

Aspley Hornets 6:30pm

DARREN LEIGH

Geebung RSL 7pm

ETERNAL SUNSHINE LIVE @ THE LOUNGE

Kedron-Wavell 8pm



DJ BRAD IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

18 SUNDAY

DOUBLE VISION

Geebung RSL 12pm

CHRIS FRANC @ BRAVO BREWHOUSE

Kedron-Wavell 3pm

MIRUSIA SONGBIRD CONCERT

Kedron-Wavell 3pm - 5pm

TERRINA

Geebung RSL 5pm

20 TUESDAY

BOB MILDREN

Geebung RSL 10:30am

21 WEDNESDAY

KIDS PAINT AND DIP

Aspley Hornets 10am

22 THURSDAY

CHRIS DOYLE

Geebung RSL 7:30pm

23 FRIDAY

RYAN HURRICANE @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

THE BELLS DUO

Aspley Hornets 6:30pm

DAVE CLAYTON

Geebung RSL 7pm

THE WORLD'S GREATEST FREAK SHOW

The Royal Nundah 8pm

DJ BITZA IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

SONIC BOOMERS LIVE @ THE LOUNGE

Kedron-Wavell 9pm

24 SATURDAY

LEARN TO MAINTAIN YOUR BIKE

Downfall Creek Bushland Centre 7:30am

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TRACY LEIGH @ BRAVO BREWHOUSE

Kedron-Wavell 6pm



FLAMIN GALAHS LIVE @ THE LOUNGE

Kedron-Wavell 6pm

FREE AGENTS

Aspley Hornets 6:30pm

Geebung RSL 7pm

DJ BITZA IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

25 SUNDAY

FABFINDS SECONDHAND FASHION MARKETS

Geebung Bowls Club 8am - 12pm Fab Finds Secondhand Fashion Markets

TRACY VAUGHN @ BRAVO BREWHOUSE

Kedron-Wavell 3pm

MIKE WHITMORE

Geebung RSL 5pm

27 TUESDAY

BRISBANE UKULELE CLUB

Geebung Bowls Club 6am - 8:30am 'BUMs' Brisbane Ukulele and Muso's. All welcome.

28 WEDNESDAY

DEMENTIA PRESENTATION

Burnie Brae 10am

29 THURSDAY

IT'S THE BOOK LAUNCH ... AND A SHOW!

Kedron-Wavell Services Club 6:30pm

JARED ALEXANDER

Geebung RSL 7:30pm

30 FRIDAY

RENNY FIELD @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

Aspley Hornets 6:30pm

BRETT PATMAN

Geebung RSL 7pm

DJ BITZA IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

JAM JAH LIVE @ THE LOUNGE

Kedron-Wavell 9pm

THE BIG ONE CROSSWORD

ANSWER KEY

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S L L N A M L N T	G
SCENE SPRAYS IGNI	E

Local DINING GUIDE



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DARK TONIC

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GEEBUNG RSL

Feature: Enjoy a delicious meal from our a la carte menu featuring good old favourites or try one of our Chef's Daily Specials. \$15 Member lunch specials are now available Monday, Tuesday and Wednesday. Not a member? Join now for \$5 for life.

Book online at www.geebungrsl.com.au or phone 3265 3711





21 Kittyhawk Dr, Chermside Asian Cuisine

Ph 3359 9122

RED DELTA

Feature: Skip the plane ticket and take your tastebuds on an adventure at Red Delta, the ultimate destination to enjoy authentic Asian cuisine on the northside! Drop in and try our delicious dumplings, mouth-watering noodles and rice dishes.

Open Wednesday through Sunday from midday.





21 Kittyhawk Dr, Chermside Casual Dining

Ph 3359 9122

THE KITCHEN

Feature: Come in to relax and enjoy dining on our gorgeous al fresco deck! Conveniently located inside Kedron-Wavell in Chermside, pop in for a cuppa, a sweet treat, or something from our all-day dining menu.

Open 7 days a week from 10am







STORY ALYSSA MACKAY PHOTO JOHN PIRES

new charity running event will honour families who have experienced the heartbreak of early pregnancy loss, with all funds going to The Pink **Elephants Support Network.**

The first ever Pink Elephants Fun Run will be held at Marchant Park this month, organised by personal training studio Back Yourself Fitness.

Event organiser/race director and owner of Back Yourself Fitness, Matt Brown, said he decided to organise the fun run after his close friends lost their baby.

"In 2021 we ran in the Bridge to Brisbane to raise some money for The Pink Elephants Support Network, a not-for-profit organisation that raises money, awareness and provides support for those dealing with pregnancy and infant loss," Matt said.

"I approached my friends this year and put forward an idea where I create a standalone event that would help keep the memory alive and in a positive environment but also help raise money for The Pink Elephants Support Network. After reaching out to the charity, they were 100% on board and the event was born."

People of all abilities can participate by nominating their distance (3km, 6km or 10km) in either competitive or friendly race categories. Competitors are encouraged to ask family and friends to sponsor them.

"Participation in our event could be because you're supporting a friend, colleague or family member, it could be because you are or have had to navigate loss, it could be your way of celebrating a memory, it could be that you think the cause is amazing and you want to throw your support behind it," Matt said.

"We want to shine a light on this topic and say: hey, we're sorry for your loss, it is okay to grieve and we're here for you."

Event sponsors who will be there on the day include Miss Mary Bar, who will donate \$1 from every coffee sold.

"The Whitehead and Crump team from Harcourts will be putting on a post-race barbecue for all competitors," Matt said. "We will be selling our charity showbags on race day as well. And if anyone needs a pre or post-race massage, Pritchard Remedial Therapy will be on hand providing massages."

Tickets start at \$35. To register go to www.backyourselffitness. com.au/upcoming-events

To donate directly to the event go to www.pinkelephants.org.au/ my-fundraising/97/pink-elephants-charity-run

To join the event as a sponsor call Matt on 0433 391 900.

Pink Elephants Charity Run Sunday, 2 October, 6-8am **Marchant Park** Gympie Road, Aspley.



STORY ALYSSA MACKAY PHOTO BRUCE REDMAN

ny parent who has comforted their screaming child in a busy barbershop or tried (and failed) to cut their hair at home will know how invaluable a hairdresser who specialises in children's haircuts can be.

Pam-Waring Baker is the owner of Giggles and Scissors, a mobile hairdresser and studio at Stafford Heights and for 13 years she has been helping kids who don't like haircuts.

She said her studio offered a very different experience to a regular salon.

"There are no hair dryers going on in the background and it's just the one family at a time," she said. "I have a shower for the kids if the hair is all over them and they have a long drive. It's the little things that can change the whole experience."

And although a busy schedule has meant more time in the studio than on the road of late, Pam said being able to cut a child's hair in their own house was a game changer.

"The children definitely benefit from being able to play with their own toys, to sitting in their fav chair," she said.

Pam discovered she had a knack for children's hairdressing while working in a specialty salon

in London. She started Giggles and Scissors after becoming aware of the increasing sensory problems children were facing.

She has worked closely with occupational therapists, speech therapists, paediatricians and early childhood teachers to pinpoint the reason behind each individual child's dislike for haircuts.

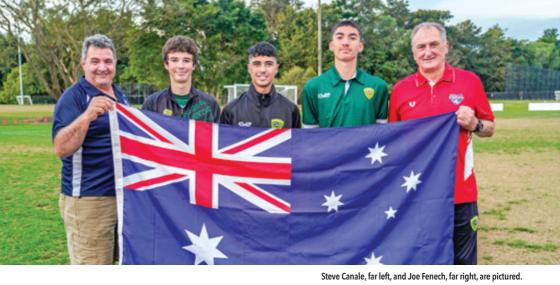
"I observe every child and circumstance differently and I'm really honest with the parents," she said. "Is it a genuine fear, or is it just a child not wanting to have something done? I have quite a few clients who aren't sensory but just hate haircuts.

"I don't get bothered by screaming or tantrums and just reassure mum or dad it's really okay and they will get used to it. It takes both understanding from myself and the parents to work on a strategy.

"I love that I help parents who most of the time have found me as a last resort. My favourite part is when a parent reaches out and says 'Pam! We went to the local barber!' I know I've done my iob."

Giggles and Scissors offers hairdressing services for the whole family. Appointments are available from Monday to Thursday. For more information go to www.gigglesandscissors.com.au

To make an appointment text Pam on 0412 427 453 or email info@gigglesandscissors.com.au.



OVERSEAS YOUTH FOOTBALL EXPERIENCE KICKS OFF

STORY ALYSSA MACKAY PHOTO JOHN PIRES PHOTOGRAPHY

number of young players will travel to the United Kingdom this month as part of a unique tour that offers a greater insight into the world of professional football.

The 2022 UK Football Experience Tour will give players the opportunity to watch firstclass games, attend coaching clinics, meet famous football personalities and play against professional clubs.

UK Football Experience Tour technical director, Joe Fenech, said Brisbane City FC life member and former president, Guido Canale began organising the tours more than 20 years ago through his business, Canale Travel Service.

"I was fortunate enough to be accepted by Guido to coach the teams in the UK and I have been doing that for 14 years now," Joe, who takes one boys' and one girls' tour each year, said.

"On this trip we have got a party of 50 people with two squads, one under 16 and the other is over 16 and they will be playing against Scotland's national youth teams at Toryglen in

Glasgow, a state-of-the-art football facility."

Players have been chosen from clubs including Mitchelton, Ipswich Knights, Brisbane City, Robina City, Eastern Suburbs, Peninsula Power and Northern Storm.

The self-funded tour will see the boys getting a behind-the-scenes look at Celtic Park in Glasgow, the home stadium of Celtic Football Club, and attending a clinic with an academy coach.

The first game is against Macclesfield FC on 23 September. They will also play Chelsea's development teams on 30 September at the Cobham Training Centre, the training ground of Chelsea FC.

Joe said the University of Stirling in Scotland offered scholarships for selected players. "They can play for an actual university competition and get scouted by professional clubs," he said. "But whilst they are doing that they are earning themselves a study towards a degree which is football-related, so if they don't make the grade in terms of playing, they can still be involved in the game."

The 2022 tours are dedicated to Guido, who passed away earlier this year.

Marchant Ward Councillor Fiona Hammond gave Guido's son, Steve Canale two Australian flags to take on the tour as a token of friendship and exchange between the clubs.

The girls' tour departs later this year on 22 November.

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ACROSS

1 Car protector; 4 Glazed cotton fabric 8 Ship of the desert

12 Eateries, cafes, etc

14 Dilemma

15 Twosomes

17 Cry out 18 Vascular organ

19 Hesitating

23 Missive

25 Rambled

28 Zero

29 Layer of plywood 30 Increase outwards

32 Wide street

34 Commotion

35 60 minutes 38 Famous tenor

40 Aussie lizard

41 University award 44 Oversensitive

46 Earthenware jug

48 Rush 51 Insert in the same

envelope 52 A musical work

53 Vista

54 Corsages 55 Catch fire

Solution Page 37

DOWN

Down

1 Marginal 2 Melody or harmony

3 Radiated

5 Back 6 Sense of smell

7 Garment fasteners 8 Diced (7,2)

9 Fracas 10 Fizzy drink

11 Hike 13 Tows

16 Point of a fork

20 Unsure 21 Spontaneous

22 Small antelope

24 Israel's financial capital

26 Knock over with a car

(3,4)

27 Extreme happiness; heaven

31 Organise ahead

33 Santa's home (5,4)

36 Pure 37 Comforting

39 Roman cloak

42 Upon 43 Reel

45 Male relative

47 West Indies nation

48 Chickens 49 Disfigure



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